

OUTDOOR GROUP FITNESS



CLASS TIMETABLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6.30AM		SPIN		BLITZ (FUNCTIONAL)		
9.15AM	BODY PUMP		BLITZ (FUNCTIONAL)		BODY PUMP	
10.30AM	BODY BALANCE	ACTIVE MOVERS	BODY BALANCE	ACTIVE MOVERS	BODY BALANCE	
5.30PM	SPIN	BLITZ (FUNCTIONAL)	BODY PUMP	SPIN		

- BOOKINGS ESSENTIAL
- CAPACITY LIMITS APPLY
- DON'T FORGET YOUR MAT, DRINK BOTTLE AND TOWEL
- BOOKINGS OPEN 48HRS IN ADVANCE
- VISIT WWW.PETERKRENZLEISURE.COM.AU FOR MORE INFO